Afterschool Sewing Club Lesson Plan & Design Brief

Heres’ your design brief…

“Design and make an outfit for Spring 2025”

Picnic dress? Easter outfit? Or a Valentines collection? The choice is yours!

Tutors: Tiana and Ellie

Helper: Meg

Fun hands-on projects that build basic skills over the course of Spring 2025. The focus is on developing fine motor skills, creativity, and a love of sewing in a supportive and easy-to-follow environment.

### **Week 1 w/c 6th Jan: Skills lesson – Button Holes**

**Focus:** Sewing Machine refresher and simple hand sewing.
**Project:** Button Bracelet

* **Lesson:**
	+ Sewing machine induction and demonstration using button attachment.
	+ Basic hand-sewing stitches: running stitch and backstitch.
	+ How to thread a hand sewing needle and tie knots.
* **Project:** Make a button bracelet using buttons, thread, and elastic cord. The buttons are sewn onto the cord using simple stitches, creating a colorful and wearable project.

### **Week 2 & 3 w/c 13th Jan: Fabric Selection and Cutting**

**Design Brief Intro**

* Project Brief: Design and Make an Outfit for Spring 2025. Quick group brainstorm – what is a project brief? Why is it important to us as designers? Explore trends for this season.
* Pinning and pattern cutting demonstrations. Pick fabrics based on design brief, begin cutting patterns. Continue cutting and pin fabric pieces together as needed.

### **Week 4 w/c 27th Jan: Seams and Fabric Manipulation\***

### **\*(for later 5-6.30 class only)**

**Focus:** Explore different seam finishes and experiment with fabric manipulation to create unique shapes.
**Project:** x3 seam samples and x1-3 fabric manipulation samples

* **Types of Seams:**
	+ French
	+ Flat Fell
	+ Overlocked/cover stitch
	+ Double hem
* **Fabric Manipulation examples:**
	+ Pintucks
	+ Pleating
	+ Smocking and shirring

### **Week 5 – 6 w/c 3rd Feb: Sewing Garments**

**Focus:** Start Sewing Garment

HALF TERM BREAK 17th- 23rd Feb

### **Week 7 – Week 11: Continue Projects**

**Focus:** Continue sewing projects.

### **Final Week: Week 12 w/c 31st March: Mini Fashion Show & Easter Project (optional)**

**Focus:** Completing final project.

Trim off all loose threads, press garment thoroughly. Option to make a simple Easter Egg/Chick Bag if student finishes early.